



# ***SOUTH JACKSON BEACON***

Vol XVI

May 14, 2023

No. 20

## ***Fret Not***

Sometimes in our walk with the Lord we struggle simply because we do not understand the adversity that comes into our lives. It is not that we are about to lose our faith or leave the Lord. It is because we are perplexed about what is happening at the moment. It is remarkable how that at times like this, even the smallest troubles can cause so much stress.

Evidently, David had such times in his life, and his words can help us deal with frustration. The opening paragraph of Psalm 37 begins with the words, “Fret not.” Eight verses later, David again tells us not to fret over matters. How do we deal with the complexity of our lives? Between the two “frets” David mentions four actions we should do which can really help us.

**“Trust in the Lord and do good” (v. 3).** One fundamental aspect of our character must be that we trust God. He knows! He sees! He cares! We become depressed and turn inward. These words of David point us in the other direction. Instead of pulling back and magnifying our problems, David reminds us to become active in our lives. The best cure for our frustrations is to look outward and, to use the words of Paul, “As we have opportunity, let us do good to all, especially to those who are of the household of faith” (Gal. 6:10).

**“Delight yourself also in the Lord” (v. 4).** Perhaps the cause of our frustration is that we have thought that true happiness comes from living a life without stress. A man once came to the Savior and was so troubled. Evidently his father had died and his own brother refused to share the inheritance.

Think about these words of Jesus: “One’s life does not consist in the abundance of the things he possesses” (Luke 12:15). Yet, when we think that “things” are so important, we lose sight of the spiritual treasures and joy found in the Lord.

**“Commit your way to the Lord” (v. 5).** Remember Gethsemane. Jesus was so troubled with all that was happening, and He prayed to God. It is not wrong for us to pray even over the smallest matters. Yet, notice how Jesus ended His prayer. After asking God to remove that cup of suffering which lay before Him, the Lord said, “Nevertheless not My will, but Yours, be done” (Luke 22:42). The fretfulness of stress is overwhelming when we think we know what is the best way for us.

**“Rest in the Lord, and wait patiently for Him” (v. 7).** Cast all your cares upon Him for He cares for you. Turn them over to God. Lay those burdens and patiently wait for Him. To paraphrase the words of Paul—do not be fretful about anything, but pray about everything and the peace of God will come to you to guide you (see Phil. 4:6-7). Wait for Him.

Brethren, hear His words—“Fret not.”

*Dan Jenkins  
Palm Beach Lakes Church of Christ  
West Palm Beach, FL*

### **Today’s Sermons**

AM - Be Patient Until the Lord Comes  
James 5:7-11

PM - The Man Who ... Said It  
Nehemiah

# ***Congregational News & Notes***

## **Prayer Requested**

### **Members**

Harold Davis, Mary Bolen  
Ron and Nadine McDonald,  
Sandra Jordan, Fredie Stewart,  
Cindy Kidder, Garmelia Ellis,  
Roberta Donaldson, Lisa Dukes,  
Doug Crouse, Norma Cogdell  
Margie Montgomery, Sue Harris,  
Betty Mosely, Teriyaki Anderson  
James Morris, Freeman Kidder,  
Andy Vaughn, Pearl Johnson,  
Ken & Paula Wadley, Judy Ellis  
Charles & Ruby Malone,  
Phillip Mulins, Jerry Crabb,  
Karen Chance, Mary Lewis,  
Harrial Davis

### **Friends & Family**

Horace Yearwood, Helen Morris  
Beverly Martindale,  
Allen Thompson  
Gladys Gowan, Diane Hubbard,  
Shirley Bolin, Brandi Rogers,  
Jeanette Manley, Corey Allen  
Kenton Lancaster, Glenn Lovell,  
Marilyn Ferrell, Justin Puckett  
Ramona Thurston, April Richey  
David Briley, Chris Buford

### **New Member Address**

Brenda Egbe  
Franklin Thompson  
704 Mac Hart Road  
Denmark, TN 38391

## **Happenings**

### **South Jackson**

#### **May 21**

Men's Business Meeting  
following AM Service

### **Cards to Send**

Jerry Butcher  
190 Mifflin Road  
Jackson, TN 38301

Norma Cogdell  
19 Dixie Lane  
Jackson, TN 38301

### **Weekly Record**

6 AM	9
Bible Class	54/6
AM Worship	69/21
PM Worship	51/22
Wed Bible Study	43/6
Contribution	4187

### **Cleaning Crew**

The cleaning crew will meet at 8  
AM on Thursday, May 18.  
All are invited to help keep our  
building clean.

### **Pantry Item**

Dry Pinto Beans

# Those Privileged to Serve

## May 14 - AM WORSHIP

6 AM - R. Clouse, P. Hatcher

Lead Singing: Paul Hatcher

Read Scripture:

Jonathan Orr

Opening Prayer:

Greg Long

Sermon: Ray Pack

Closing Prayer: Joe Venable

Communion: Marion Thomas

Contribution:

Jeff Bliss

## May 21 - AM WORSHIP

6 AM - M. Wages, J. Smith

Lead Singing: John Smith

Read Scripture:

Jeff Bliss

Opening Prayer:

Joe Venavle

Sermon: Ray Pack

Closing Prayer: Freeman Kidder

Communion: Mike Wages

Contribution:

Jonathan Orr

## PM WORSHIP

Lead Singing: Paul Hatcher

Opening Prayer: Joe Venable

Sermon: Ray Pack

Closing Prayer: Mike Wages

Communion: Marion Thomas

## PM WORSHIP

Lead Singing: Mike Wages

Opening Prayer: Ken Ross

Sermon: Ray Pack

Closing Prayer: Greg Long

Communion: Paul Hatcher

## May 17 - WED BIBLE STUDY

Lead Singing: Paul Hatcher

Opening Prayer:

Ken Ross

Devo - Mike Wages

## May 24 - WED BIBLE STUDY

Lead Singing: Mike Wages

Opening Prayer:

Paul Hatcher

Devo - Ray Pack

South Jackson Church of Christ

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Medon, TN

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Minister: Ray Pack

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(731) 437-9501

## Service Times

Early Worship	6:00 AM
Gospel of Christ - Fox 16	9:30 AM
Sunday Bible Class	9:30 AM
Sunday AM Worship	10:30 AM
Sunday PM Worship	5:00 PM
Midweek Bible Study	6:30 PM